

HANDOUT: WHY DO YOU DO THIS WORK?

Describe the memory:

Inside that memory, what you are doing?

Inside that memory, how you are behaving?

Inside that memory, what personal qualities are you exhibiting?

Inside that memory, how are you treating yourself, others, and the world around you?

What does this reveal about the personal qualities you'd like to embody?

What does this suggest about the way you'd ideally like to behave?
